

Environmental Sustainability and Protection of Environment

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Abstract

If we look around us, then the mind becomes enchanted by seeing the beauty of this wonderful environment created by God, in the lap of the environment there are beautiful flowers, vines, green trees, lovely birds, which are the center of attraction. Today, human beings have started interfering with the spontaneous work of the environment in their curiosity and desire for new innovations, due to which our environment is getting polluted, we take great care of our friends and families but when it comes to the environment It is only during Gandhi Jayanti, or Swachh Bharat Abhiyan, that the environment is taken care of, but if we think about our environment and the earth, we can avoid this pollution.

Introduction

Environmental protection is very important in today's era. Today, while the population is increasing day by day, the environment is becoming unsafe every day. How beautiful is environment used to be a few years ago. Waving trees, lakes, rivers, etc., made the environment attractive and beautiful. But today the number of all these is continuously decreasing. If environmental protection is not done now, it will have very adverse consequences. Awareness of environment will help us in environmental protection. But we have to spread this awareness. We have to protect our environment by using various types of environmental slogans and social media.

The day declared by the United Nations is celebrated to bring political and social awakening towards the environment globally. It began in 1972 at the World Environment Conference organized by the United Nations General Assembly from 5 June to 16 June. The first World Environment Day was observed on 5 June 1973. The biological components of the environment include everything from microorganisms to insects, insects, animals and plants and all the biological activities and processes associated with them. Whereas the inorganic components of the environment contain inanimate elements and their associated processes, such as: mountains, rocks, river, wind and climate elements etc. In general terms, it is a unit consisting of all biological and a biotic element, facts, processes and events that affect our lives. It is spread all around us and every event in our life depends on it and is edited. All actions by humans directly and indirectly affect the environment. Thus, there is also a relationship between an organism and the environment, which is interdependent.

On the basis of human intervention, the environment can be divided into two parts; the first is the natural or natural environment and man-made environment. This division is in accordance with the excess and decrease of the amount of human intervention in natural processes and conditions. Environmental problems such as pollution, climate change etc. is motivating humans to rethink about their lifestyle and now the need for environmental protection and environmental management is important. Today, what we need most is to make the general public and educated readers aware of the issue of environmental crisis.

There are three major measures of environmental protection

- (1) Use of less harmful things like plastic bags etc. should be done to protect the environment.
- (2) We must iterate, that is, we should buy back usable goods which we can use back again like glass, paper, plastic and metal which we can use again.
- (3) There are some things that can be reused and used like liquor bottles, empty jars, etc. similar which we use and throw away in our homes but can serve to bring them back. In the form of newspaper, bad paper, cardboard, etc. are similar which can be used and put back into use. Measures of environmental protection start from the kitchen of any woman and till our environment comes in front of us, it should be given special attention by the government.

Importance of environmental protection

Today's industrial and urban area environment also includes paved roads, several-story concrete buildings and skyscrapers. Their main objective is to create facilities for the growing population and to make the life of the rich and elite class convenient and luxurious. However, despite this industrial and urban movement, human dependence on natural resources remains the same as before. We use air for respiration, water is used for drinking and other daily activities, not only the food that we eat, but also many types of trees, plants, birds and vegetables, milk, is obtained from eggs etc. Keeping these requirements in mind, security of these resources has become very important. These resources are classified as follows.

Renewable resources: As its name suggests, it is a resource that can be reclaimed naturally, such as rain and re-growth of trees, etc. However, if they continue to be consumed rapidly before the nature's re-supply, then in the coming time these things like rubber, wood, fresh water will be completely eliminated.

Non-renewable resources: These resources have been built inside the land millions of years ago, so their recovery is not possible. They can only be used once. This includes fossil fuels such as coal and oil, which cannot be renewed.

The environment is getting polluted day by day. Today our environment is in danger. Human beings have consciously and unknowingly decided to destroy the environment for their own convenience. Today, environmental pollution has increased to a great extent. Environmental pollution includes noise pollution, air pollution, soil pollution, water pollution, radioactive pollution etc. All of these also harm our environment.

Environmental protection is our responsibility

We also have an obligation to protect the environment. To protect the environment, we have to pay attention to every small thing which is harmful to the environment. Such as the use of plastic bags, the use of petrol and diesel vehicles, we have to reduce or stop all this. Because we have an obligation to protect the environment.

Our contribution on environmental protection

Our contribution on environmental protection can play a very important role. We can adopt different innovative methods to conserve the environment. No major work is done in a moment. But it starts with a person. To conserve the environment, we have to use eco friendly things. Eco friendly means the use of such items which are in favor of the environment. That is, do not harm the environment.

Environmental protection awareness

To spread awareness about environmental protection, we must first contribute ourselves to environmental protection. When we will contribute ourselves for environmental protection, we can spread awareness about environmental protection by showing and telling those works to others.

Environmental protection objectives

There are many objectives of environmental protection, but the main objective is to create a better environment so that human life can be made happy and healthy.

Conclusion

The most important thing at this time is that we have to stop the misuse of these resources and use them in a very judicious way, because such rapid use by the earth cannot be tolerated anymore. Achievement of this goal is possible only through sustainable development. Apart from this, liquid and solid by-products which are dumped as waste by industry units also need to be controlled, because they increase pollution. Due to which many diseases related to cancer and stomach and intestine arise. This is possible only if we leave the dependence on the government and personally take necessary steps to solve this problem. The creature depends on the vegetation world for its life. Human beings survive by inhaling the oxygen present in the air. Plants release oxygen in the process of photosynthesis. In this way only the plants and plants provide the basis of human life. In addition, the diet of animals is vegetation. Vegetation itself provides nutrition to the creatures. Therefore, environmental protection is very important. Recently, the growth of factories has been considered as the basis of development. Emphasis has been laid on agriculture and irrigation for food production, but not enough attention was given to understand the importance of forest wealth. Forests have been considered to be land encasement and are thought to be cut and cultivated. Trees have also been cut indiscriminately for the requirement of firewood and timber and neglected to plant new trees in their place. . That is why today we are going to be poor from the point of view of forest wealth and how many of its indirect effects are seen as a direct loss. Even after understanding the need and importance of protecting the environment and saving the planet, if we do nothing on our behalf, it will be a big mistake on our part. We should take it as our responsibility to create awareness about this and do whatever we can to save the environment. Our entire human existence is dependent on nature itself. We depend on nature for a small pin for the most complex man-made constructions. The environment has come to our aid in every way. Ayurveda, a practice of medicine from ancient India which is completely dependent on natural herbs, is facing crises due to lack of various species of plants. Various animal and plant species have become extinct or on the verge of extinction due to unnecessary interruptions in the ecosystem by humans. The ozone layer that prevents the sun's ultraviolet rays from entering our atmosphere is being destroyed due to an increase in harmful gases causing pollution in the environment. Pollution is increasing due to the increasing demands of the growing human population. Humans started polluting the environment since the first fire. Since then, man has been polluting the environment in the name of development. Due to the cumulative effect of ozone depletion and the greenhouse effect, the temperature on Earth is continuously increasing resulting in global warming. As a result of which glaciers at the poles are melting and contributing to sea level rise, many major

cities inhabited by humans are predicted to drown in the next few decades. The after effects of this environmental degradation are beyond our imagination, the need of the hour is to protect our environment in the best way, not only because it is our moral duty to do so, but because our only way to avoid harm is. The quality of the environment is declining due to industrialization as well as exponential growth of population. There is an important requirement for the protection and preservation of the environment.

References-

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