# A STUDY ON TRIBULATIONS AND SCENARIO OF WOMEN EMPLOYEES IN GARMENT INDUSTRY

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Abstract: The piece of clothing making is a work - escalated industry and the larger part commitment of the labor force in this area comprises work of ladies in the piece of clothing Industry. Ladies representatives assume a vital part in the association. Ladies in the work force procuring wages or compensation are essential for a social monetary improvement similarly as the development of paid work for men; however ladies have been confronting many difficulties of disparity in the work place. Stress is the hurtful physical and close to home reaction that happens when there is an unfortunate match between work requests and the capacities, assets, or necessities of the specialist. The mix of high requests in a task and a low measure of command over the circumstance can prompt pressure. Ladies Strengthening is the way or a social activity where ladies progress and reproduce what anyone can do in a situation that they were recently denied. The cycle makes power in people over their own lives, society, and in their networks.

**Keywords:** Garment Industry

#### Introduction

India is one of the biggest on the planet with a monstrous natural substances and piece of clothing fabricating base. Practically 33% of its knitwear creation and around 20% of its woven - piece of clothing creation, both by the volume, enters send out business sectors. Generally around 25% of the volume of its article of clothing creation goes into send out business sectors, leaving 75% for homegrown utilization. Article of clothing Industry has units up and down the worth chain of knitwear beginning from turning, weaving wet handling, printing, piece of clothing assembling and commodities. Piece of clothing making is a work serious industry and the greater part of the business goes to ladies. To satisfy the monetary requirements of the family and to accomplish better quality of living the ladies partakes in financial exercises. The approach

to acting, thinking and accomplishing the work by the ladies is totally unique in relation to the men. Simultaneously now a day's ladies have been confronted many difficulties and the issues by imbalance in the work power of piece of clothing businesses put together up with respect to the work space, working circumstances, word related pressure, wellbeing dangers, badgering and pay segregation and acknowledgment at the work place.

## Scope of the study

This study features the issues, for example, working circumstances, balance between serious and fun activities among family and their work, stress causing factors, mental and physiological issues in their workplace, connection between the bosses and the co - laborers. This study would assist with distinguishing the advantages acquired and issues looked by ladies representatives in article of clothing industry. This examination work will give the rules to the piece of clothing industry proprietors in expanding their ladies representative's fulfillment and holding them inside their association.

# Objectives of the study

- ❖ To break down and assess the women representatives working condition in the association.
- ❖ To concentrate on the normal issues looked by women representatives working in the piece of clothing businesses.
- ❖ To figure out the economic wellbeing and strengthening of women representatives working in piece of clothing industry.
- \* To recommend better techniques to defeat the issues and enable the women workers.

# **Hypothesis Testing**

There is no significant relationship between Age and stress faced by women's in garment industry.

### Limitation of the study

The example size picked covers just a little piece of the entire populace. The review has been designated towards test size of 110 respondents. The demeanor and conduct of the respondents are changing occasionally. Thus the consequence of the exploration work might be relevant

just to the present. The information is gathered through survey cum interview plan so the respondents were hesitant and feel awkward to share their own concerns during the work time. The review is bound to a restricted period so the data gathered wouldn't be significant constantly.

#### **Review of literature**

**TJ Newton (2014)** Considers issues in the conceptualization and defense of four ideas in word related pressure research: stress, strain, adapting conduct, and adapting style. The direct and the translation of word related pressure and adapting research, a models from the writing to help and delineate this contention, as well as re-examining past exploration.

UrskaTreven, Sonja Treven and Simona Sarotar ZizeK (2015), have viewed that as, there is an immediate connection among stress and occupation execution in any association. To work on the presentation of every representative in an association ought to get great help from their chiefs.

Nithyavathi (2016), endeavored an investigatory and engaging concentrate on wellbeing and government assistance measures gave to the representatives in material industry. In this study the worker's government assistance like sufficient flask offices, convenience game plans, sporting offices, clinical offices and transportation. The investigation discovered that government assistance estimates which were dissatisfactory with bathrooms offices, transport offices and the time lights, and the administration ought to focus on these areas to expand the fulfillment level of the representative towards the government assistance measures.

**Satija S. and Khan W. (2016)** as indicated by them Word related Pressure is pretty much as same as Occupation Stress that should be controlled at work if not it will adversely impact on representative's work mentalities and conduct. That's what this study examines, the connection between The capacity to appreciate people on a profound level and Word related Pressure.

Viljoen and Rothmann, (2017) they found that authoritative stressors contributed altogether to weakness and low hierarchical responsibility. Professional stability added to both physical and mental solutions for pushed bosses.

**Parthiban** (2017) in his review "Ladies worker freedoms in article of clothing businesses" in this study is to know the degree of mindfulness with respect to the ladies representative freedoms.

And furthermore found the degree of work right practices in article of clothing enterprises like least wages, non-segregation of wages in light of orientation, equivalent open door in advancement, advantages, for example, great working circumstances, clinical offices and so on.,

**Suresha** (2018) uncovered significant contrasts in the nature and states of work, pay among people in work place. The review illustrated the unfortunate states of work that ladies faces, because of their low instructive capabilities and abilities. The ladies laborers has less admittance to better working circumstances, leave offices, advancements and word related wellbeing. The study attempts to feature the absolute prescribed procedures regarding ladies laborers in the association.

## Research methodology

Exploration can be characterized as a logical cycle where new realities, thoughts, and speculations are laid out as well as demonstrated in various subject matters. It includes logical and precise examination of an exploration region and finishing up the discoveries with proper thinking. As per this study it zeroed in on Issues and prospects of ladies representatives in Piece of clothing Industry. This study depends on enlightening in nature. The target of the exploration configuration is to portray the qualities of a peculiarity or populace chose. The review depends on multistage separated proportionate arbitrary examining methods is embraced. An examples of 110 respondents were chooses the potential examining units from the testing outline or the objective populace in limited scope pieces of clothing. The information is gathered based on essential and optional information. Through very much organized survey the essential information is gathered. Auxiliary information accumulated from the various books, articles, diaries and magazines were additionally eluded for the reason. The gathered information is examined by straightforward rate.

## **Analysis and findings**

The following tables describe the problems faced by the women employees in the garment industry in few areas of where the garment industries are popular.

**Table 1: Demographic Profile of the Respondents** 

S. No.	Demography		No. of responde nt	Percentage (%)
		SSLC	30	27

1	Educational Qualification	HCS	40	36
		Diploma	20	18
		Graduate	20	18
		Total	110	100
2	Family	Joint Family	49	44
2	Type	Single	23	20
		Only Two	38	34
		Total	110	100
		18-25 Years	30	27
3	Age	26-35 Years	43	39
		36-45 Years	37	34
		Above 46 Years	0	0
		Total	110	100
		Rs.5000 – 10000	40	36
5	Monthly Income	Rs.10001-Rs.15000	60	55
		Rs.15001 –Rs.20000	10	9
		Above Rs.20001	0	0
		Total	110	100
		Less than 5 years	22	20
6	Experie nce	5- 10 Years	80	72
		11-15 Years	3	2
		Above 15 Years	5	4
		Total	110	100
7	Work	Part Time	25	23
,	Time	8- 10 Hours	70	64
		6-8 Hours	15	14
		Total	110	100

Source: Primary Data

The segment profile of the example respondents like SSLC capability is high when contrasted with other instruction gatherings. Larger part of respondent's family is join family framework. Larger part of respondents falls in the age gathering of 26-35. Larger part of the respondent's family month to month pay fall under Rs.10, 000-15001. Larger part of respondents experience is 5-10 years. Larger parts of the respondents are working till 8-10 hours day to day.

**Table No: 2Work Schedule** 

S.NO	PARTICULARS	NO.OF RESPONDENTS	PERCENTAGE (%)
1		65	59
	Day shift		
2	·	10	9
	Night shift		
3		20	18
	Irregular shift		
4		15	14
	Rotating shift		
	TOTAL	110	100

**Source:** Primary Data

From the above table shows that, 60% of the respondents are has a place with day shift, 5% of the respondents are has a place with night shift, 20% of the respondents are has a place with unpredictable shift and 5% of the respondents are has a place with turning shift.

Table 3: Troubles faced by women employees in garment industry

S. No.	Particular	Frequently	Rarely	Never
1.	Sadness	86	24	0
2.	Intellectual Pressure	70	28	12
3.	Masculinity bias	5	15	90
4.	Sexual Harassment	0	0	110
5.	Intention	52	56	2

6.				
U.	Timing	44	60	8
7.	Suffer in stillness	16	94	0
8.	Emotion uncertainty	70	38	2
9.	Sensation extremely weary	0	14	96

Source: Primary data.

The above table 3 expresses that the (86%) of representative's habitually dealing with their concerns through trouble and 70% scholarly strain in work, 52% expectation, 44% face timing as their primary issue and 70% feeling vulnerability.

Table 4: Stress level faced by the Women Employees in garment industry

S. No.	Particulars	Frequently	Sometime	Never
1	High Work Load	86	24	0
2	Discrimination	20	22	68
3	Short time to achieve	92	18	0
4	Hyper Tension	74	36	0
5	Restless	70	40	0
6	Women Exploitation	0	26	84
7	Job Clarity	40	52	18
8	Irritability	42	34	34

Source: Primary data.

The above table 4 plainly shows that the anxiety of ladies representatives in the piece of clothing industry. Almost 86% of the ladies face pressure in responsibility, 92% in accomplishment. The portion of the elements posted by the ladies representatives about the pressure is the peevishness, hyper strain, separation and responsibility.

## **Chi-Square Test**

There is no huge relationship among Age and feeling of anxiety for women representatives in

the article of clothing industry.

There is huge relationship among Age and feeling of anxiety for women representatives in the article of clothing industry.

Level of huge = 5%

Chi-square worth = 24.3

Table worth = 14.1 accordingly the chi-square worth is more noteworthy than the table worth we reject the speculation. In this manner there is importance connection among Age and Anxiety for women client in the article of clothing industry.

#### **SUGGESTIONS**

- ❖ Working circumstances ought to be made agreeable and give offices to keep up with the physical and emotional well-being of the ladies representatives in the association.
- Advisor ought to be designated by association for see more about issues of working ladies in articles of clothing industry. Wellbeing mindfulness projects ought to be led as often as possible in the association.
- ❖ Director ought to connect with the workers regularly to stay away from struggle in the association. The association ought to give positive climate to the representatives.
- Working hours is one more issue for ladies representatives in article of clothing area.
  Subsequently, working hours might be diminished for ladies representatives.
- ❖ Physical and mental provocation by manager was considered to be the most compromising issue for ladies workers in article of clothing industry. It is recommended that severe disciplinary interaction might be upheld upon the representatives who make issues for the ladies workers.
- ❖ The administration ought to give ability arranged preparing projects might be given for all ladies representatives to up degree.
- ❖ The board should step up to the plate and sort out creative coerces for working ladies representatives to diminish pressure.
- ❖ The executives should take on a hopeful evaluation framework.
- Social and everyday encouragement ought to be made accessible to working ladies representatives to lessen the feeling of anxiety.
- ❖ Appreciation and compensation for accomplishments can provide for representatives to

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upgrade the accomplishments.

#### Conclusion

This study finishes up to realize that ladies representatives deal with numerous issues at the work place in the piece of clothing industry. The association ought to comprehend the issues of the ladies representatives soon and make moves in piece of clothing industry. The troughs establish positive climate in the association. The investigation of ladies workers is a positive methodology around one's occupation coming about. The association should give high professional stability to the representatives so they will focus more on ladies workers to work on the business and support for the general development of the association to accomplish their objectives. The piece of clothing industry ought to likewise mind that giving government assistance plans make equipped, solid, faithful and fulfilled representatives for the association and fabricate the work life of ladies workers better and furthermore improve their way of life. Thusly it is important to furnish the functioning ladies representatives with suitable phases of preparation and advising project to adapt to their feeling of anxiety as well as their profession. The executives can organize some home base with representatives, and by orchestrating staff meeting consistently, no less than two times in a month so foundation could ready to take choice upon objections of the functioning staffs in the piece of clothing industry.

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