

IMPORTANCE OF SOCIAL WORKER IN THE COVID 19 PANDEMIC SITUATIONS IN INDIA

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ABSTRACT

The flare-up of COVID-19 in various pieces of the world is a significant worry for all the regulatory units of particular nations. India is additionally confronting this extremely intense errand for controlling the infection flare-up and has dealt with its development rate through some exacting measures. COVID-19 has made novel difficulties for various portions of the populace and struck at the very heart of the hardware intended to shield individuals from such catastrophes. The a valid example is of social segment the NGOs and volunteers who are working at the ground level, frequently even without the essential offices. In numerous nations, social workers are supporting communities that are influenced or dreadful of the Covid-19 Virus. Social work has a fundamental forefront job in the battle against the spread of the infection through supporting communities secure themselves as well as other people through physical distancing and social solidarity. This examination presents Importance of social worker in the covid 19 pandemic situation in India.

Keyword: covid 19, pandemic, Social work, communities

INTRODUCTION

As the COVID-19 (coronavirus) pandemic hits India, the effect on our aggregate prosperity will be felt. The pandemic won't simply sway our physical wellbeing, yet our psychological wellness too. In these distressing occasions experts from various strengths are called upon to get included. The objective of social workers in an emergency is to comprehensively resolve issues through social intercession.

The objectives of social work experts in crisis circumstances are:

- Give information about the opportunities that social gatherings have accessible to them.
- Motivate individuals to approach those opportunities.

- Assist victims with dealing with their sentiments and feelings.
- Assist individuals with learning better approaches to confront their issues. Tell them the best way to consider their new circumstance in an alternate manner.
- Assist victims with recuperating their psychological harmony.
- Procedure the occasion with those influenced so they can proceed onward with their lives.
- Build up or encourage correspondence between individuals in emergency.
- Help people or families have an away from of the circumstance.

Social work is reacting very well to the Covid 19 emergency in spite of numerous nations detailing an absence of defensive equipment, backing and resources. IFSW communicates

something specific – congrats to every single social worker in your fundamental life-sparing job. We have passed a few difficulties, and more are ahead. The social work job in supporting that social services stay open and adjust to the conditions has to a great extent been fruitful. For instance, social services creating focused on plans to help vagrants and other defenseless gatherings have in numerous nations been progressed. The setting up of phone hotlines that give family guiding and direct safety when aggressive behavior at home is happening is likewise progressing in numerous nations.

Under states of lock down, quandaries are typical. In numerous nations, when a family part dies the family doesn't have the foggiest idea where the body is being kept as body ceremonies are suspended or deferred. Individuals can't leave their homes. In the family's pain, does the social worker state 'the body is incidentally resting in a congregation in another town, in light of the fact that there are no different offices?' The social worker has a dread that in their anguish the family may break the curfew conditions. Another quandary happens where resources permit just one of two choices, giving convenience to the destitute or combatting the confinement of the old?

In nations with frail state-gave wellbeing and social service foundations social workers are centered on community improvement draws near, giving instruction and advancing community responsibility. Through daily exchange with individuals all around, we are additionally learning of the significance of social workers mixing in expectation and vision inside the networks they work inside. This speaks to a vital part of expert social work practice. We realize that change occurs from the grass-roots upwards.

As we are observers to both mass joined solidarity and stress the job of social work is to likewise work past the weights of today and to help networks and societies to make an interpretation of their interests into longer-term arrangements. The social work voice must help

and encourage a vision past this emergency. A vision of better, respectful and practical societies. Visions where our social frameworks can effectively kill the conditions that have prompted maladies those create and detonate with regards to environmental change and destitution. Social workers at each level have the skills and capability to address safety for now as well as to decipher dread, anguish and misfortune into empowerment and social transformation.

Covid-19 and its symptoms?

The corona virus that began in Wuhan, China in December 2019, presently called Covid-19, has spread all around and been esteemed a 'pandemic' by the World Health Organization (WHO). COVID, at least 19 famously known as Novel Corona Virus, is related with the respiratory issue in people, which has been announced as a worldwide scourge and pandemic in the principal quarter of the year 2020 by the World Health Organization. Covid-19 is certainly not an occasional cold or 'influenza. A respiratory infection originally communicated as an atypical pneumonia episode in Wuhan, China. Covid-19 normally includes the accompanying symptoms, regularly happening together:

- Cough (and)
- Fever over 38°Celsius (albeit some more seasoned individuals may have a lower one) (and)
- Difficulty breathing (normally influencing the lungs). In the beginning of getting contaminated, an individual may not show symptoms, or show 'influenza like' symptoms, for example, hack, sniffing, sore throat or trouble breathing.

An individual showing these symptoms has as a rule been in close contact with somebody who has tried constructive (affirmed) as having Covid-19 (close contact is being inside 1-2 meters for 10 minutes or longer of an individual conveying the infection); made a trip to a tainted region and gained the infection there; procured

the infection from a contaminated individual during the hatching time frame (when the individual concerned might be uninformed that they are conveying and spreading the infection); and introduction to Covid-19 debased materials in a research facility or clinical office.

In certain nations, social workers have been presented to the last source while helping wellbeing experts managing the infection, making self-care and assurance fundamental. In the event that you have gentle symptoms, the best guidance is to remain inside, i.e., self-detach and isolate yourself so as not to spread the infection to other people or overpower wellbeing suppliers pointlessly on the grounds that most by far of endures (80%) will promptly recuperate.

BACKGROUND

Albeit some are trying to claim ignorance (lamentably along these lines, emerging from deception), most by far of humankind are instilled in absolute stun and dread concerning how a solitary occasion could trigger a total end in human undertakings. Today, the coronavirus (otherwise known as, COVID-19) pandemic-that was first announced in the city of Wuhan in Hubei region of China-has effectively dove worldwide economy, upset worldwide social occasions, just as caused the passing of a huge number of individuals while leaving millions tainted and defenseless.

Among those lopsidedly influenced are society's frequently minimized and rejected populaces (i.e., more established grown-ups, individuals with formative debilitations, incorporating those with feeble invulnerable frameworks just as poor people). With proclamation of social distancing and self-confinement among numerous legislatures around the globe, concerns have been raised about the possibilities of expanded human rights infringement particularly among States which, preceding the pandemic, had a proclivity for net rights encroachments (Sandhu, 2020; Human Rights Watch, 2020).

Since such limitations, as has been indicated, are intended to contain the spread of the infection,

alert ought to be practiced in its implementation if social disturbances or political agitation is to be dodged

The social worker who works in the wellbeing field assumes a significant job in battling the spread of the COVID-19 contamination. Social workers are at the front line alongside numerous different experts, observing and rewarding individuals with COVID-19 malady and their families. The absence of data, the shortage of assets, social disconnection, and nervousness, are a portion of the issues that, during this period of the pandemic COVID-19, will be fundamental to manage rapidly. Perceiving interdisciplinary execution and participation (to be specific with specialists, medical caretakers, and analysts) as the premise of social work in wellbeing, in the current situation, social workers will be irreplaceable for:

Guarantee that society (especially the most powerless) is heard and engaged with arranging and reacting to this worldwide issue.

1. Alert the substances to the need to guarantee that social help groups, in particular Private Social
2. Solidarity Institutions (IPSS), have alternate courses of action and sufficient individual insurance
3. Equipment (PPE) to securely head out to the patients' homes.
4. Integrate undertakings and sort out activities to guarantee that fundamental products, for example, food,
5. Medicines and hygiene are accessible.
6. Organize procedures to defeat seclusion and social disgrace through contacts and phone lines for psychosocial backing to the patient and family.
7. Be the immediate contact course between individuals wiped out with COVID-19, public wellbeing experts and social security.

Social work and COVID-19

The recently referenced difficulties in any case, COVID-19 presents the social work calling with

various potential intercessions. In any case, the social work calling has been normally drenched in public crises, taking into account its association in giving wartime help, and its essential worry with the individuals' physical condition (Brinkerhoff, 2014; Hokenstad, 2007; Zakour, 1997). For the shirking of uncertainty, it is undeniable that social workers assume essential jobs 'in misfortune salvage, recuperation and groundwork for future catastrophes' (Cooper and Briggs, 2014, p. 38). As Brinkerhoff (2014) proffered, appropriacy and rendering of expert social work administrations ought to be required, to the best conceivable degree, in public crises. In any case, notwithstanding the presence of a buffet of human wellbeing callings, Brinkerhoff (2014) accepts that social work offers an extraordinary assistance to individuals in public crises.

Armocida et al. (2020) require the standardization of vigorous organizations between the public and private sector, because of public crises. In such manner, it is foreseen that social workers will give leadership and supporter to useful administrations among associations and institutions as they react to the COVID-19 pandemic. Such intercession should give riveted consideration to, in accordance with social work hypothesis, the social, social, profound, passionate, psychological, formative, and physical needs of the influenced (Brinkerhoff, 2014).

Further, despite the announced COVID-19—related recuperations, there is no uncertainty that numerous survivors will discover their approach to palliative or non-healing care where they will require, as Rosoff (2008) watched, only 'the best and most empathetic care [social workers] can give ... [including arranging by social workers] to reserve adequate measures of sedatives and give beds to these patients' (p. 55). Unmistakably, COVID-19 will leave hints of psychological injury in its victims and survivors and those in the clinical field will be overpowered. Given the exceptionally infectious nature of COVID-19, isolate and social distancing measures that are being conveyed

overall are as of now restraining relatives from taking care of their withering huge others. What this recommends is that many:

won't have the option to cover [their cherished ones] by custom, however may need to turn to mass cremation if capacity destinations and funeral homes become filled excessively fast. The pictures these situations infer are upsetting, and stay probably the show challenge for which [social workers] must get ready (Rosoff, 2008, p. 55).

The Importance of Social Work What Do They Do?

- i- In a world loaded up with injustices and extraordinarily intricate, squeezing difficulties, we need individuals who are focused on having any kind of effect in the lives of individuals inside their communities like never before previously, and that is unequivocally where social workers come in.
- ii- Through their promise to achieving positive social change, helping people of any age flourish in their neighborhood condition and being a backer for the individuals who have lost their voice, social workers assume an unmistakable job in improving the lives of the individuals who need it most.
- iii- Though they work with the two children and grown-ups in defenseless or hindered populaces, the advantages of a social worker's administration is particularly obvious in children. Without the assistance of an energetic social worker, endless children would have abandoned the help and direction they required so as to lead the sound, satisfying life they merit.
- iv- Social workers are basic citizenry who work perseveringly to alleviate enduring and better the lives of all individuals out of luck. Behind each individual or family experiencing a troublesome test throughout everyday life – regardless of whether it's

neediness, compulsion, misuse, joblessness, handicap, psychological sickness, segregation or whatever else – is a social worker standing by to help.

- v- But on the grounds that they're holding on and prepared to help doesn't mean they will do all the legwork themselves. Rather, social workers work intimately with their customers to assist them with finding new and inventive approaches to determine or adapt to the difficulties they face throughout everyday life, in this manner giving them the information, abilities and strengthening they need so as to improve their conditions and by and large life.
- vi- In request to fill in as an expert social worker, one should initially acquire a bachelor's, ace's or doctoral certificate in social work or social assistance and experience the necessary number of directed hands on work hours. Social workers can work with a wide range of individuals in practically all domains of society, including:
 - vii- Schools, Mental Health Clinics, Hospitals, Private Practices, Prisons, Military, Corporations, Public Agencies, Private Agencies, And Virtually Anywhere Else There Are People in Need

SOCIAL WORK RESPONSE IN INDIA

In India, the need for social workers is to help the network in COVID-19 counteraction. A gathering of social workers in India made a network based mediation model that differentially handles cases dependent on the patient's hazard: inhabitants shielded set up, isolated contacts, and COVID-19 patients. An interdisciplinary group of social workers, network workers, clinical workers, and volunteers actualized the model. They utilized tele-wellbeing mediations to give wellbeing training, web based screening, volunteer coordination, emergency intercession, and passionate help to the network. Social workers

surveyed the requirements of every family unit utilizing versatile applications, composed volunteer groups to help buy necessities at neighborhood markets and drug stores, and offered home conveyance to limit human contact. Occupants observed their own wellbeing utilizing portable applications too. On the off chance that anybody revealed COVID-19 symptoms or had other wellbeing and psychological well-being concerns, a social worker would call the individual to give prompt mediations or referrals.

Social workers in India have likewise organized the necessities of powerless populaces, for example, individuals with constant ailment, unaccompanied minors, old individuals who live alone, and the individuals who need get to or don't have a clue how to utilize innovation. Specialists on call including volunteers are additionally a significant objective gathering as they have higher paces of introduction. Different services included online care groups for pregnant ladies, dealing with new-conceived babies or children with handicaps who are isolated from their folks, interfacing patients who are isolated at home with free clinical supplies, for example, beat oximeters and oxygen generators, making and conveying a palliative care handbook, and holding virtual burial services for influenced patients and families.

Social workers provide for help individuals

Not all wellbeing experts concur on what ought to or must be done in explicit situations, thus there is fluctuation in national reactions relying upon topography, political courses of action, socio-economic settings and different variables. Given a deficiency of resources extending from expendable covers to ventilators and medical clinic beds, another significant thought is that of focusing on resources at those requiring them the most, i.e., those generally defenseless against infections, or those truly sick. The asset factor is likewise significant with respect to testing and medical clinic bed accessibility remembering for emergency rooms and escalated care units. The

individuals who are sound or not indicating the symptoms of Covid-19 should avoid test destinations and medical clinics, particularly emergency rooms, to secure these resources for the individuals who are sick and not burn through the scant time wellbeing experts need to manage those desperately needing their help. In this manner, the accompanying focuses are preparatory and to be contextualized to become region explicit and socially pertinent. In any case, they are unmistakable in a wide range of spots in light of the fact that there is agreement about fundamental direction. These rules are:

1. Frequent washing of hands with cleanser and water (20 seconds or more with running water and cleanser, or if this is missing, hand gel sanitisers powerful against infections (not microscopic organisms).
2. Not contacting your face, eyes, nose or mouth. This block the infection from getting into your body and making you debilitated. This must be seen by those contacting polluted surfaces.
3. Social distancing: This assists with containing the infection and lessen its spread in communities (2 m/individual).
4. Frequent sanitizing of surfaces contacted or hacked on. These ought to be those viable against infections (Alcohol based sanitiser with 60% liquor or more will likewise work).
5. Self-separation for 14 days to abstain from spreading Covid-19 on the off chance that you have been presented to it; think you are conveying it, regardless of whether demonstrating no clear symptoms; or have been affirmed as conveying it, however not wiped out enough to warrant hospitalization or different measures that may bring about your being set under obligatory isolate.
6. Providing data to encourage following contacts whom you may have contaminated in the event that you have been associated with conveying the

infection or affirmed as having capitulated to it.

7. Wearing defensive dress, including eye goggles, one-utilize expendable veils and dispensable gloves to shield the public and yourself from Covid-19 if offering them services.

Social workers support those influenced by Covid-?

Social workers have their own errands and responsibilities in a pandemic, however these are not regularly spelt out, as wellbeing experts are allotted the assignments of thinking about individuals, characterized essentially as far as clinical care and needs. In any case, there is additionally the social care required – to keep family and communities together regardless of social distancing, and proceed with social care services previously being given including undertaking needs evaluations, encouraging access to home aides or specific services, protecting children and grown-ups, rejoining families, and assembling communities around social issues. In a pandemic, their exercises can be expanded to cover:

1. Referring individuals to different services, particularly medicinal services ones.
2. Utilising teleservices/web/video/social media associations with lessen confinement and remain associated.
3. Gatekeeping access to services, particularly scant ones and clarifying why this is important.
4. Finding and preparing resources at network level.
5. Community public wellbeing training fundamental to clarifying how individuals can deal with themselves, their friends and family and communities and why.
6. Supporting individuals with passionate necessities, including controlling trepidation and uneasiness.
7. Providing guiding and misfortune and deprivation services.

8. Helping individuals to distinguish how to protect themselves, particularly in social distancing activities.
9. Promoting solidarity and social justice inside safe boundaries with respect to close contact.
10. Advocating with and for individuals to guarantee that social justice and human rights are regarded.
11. Looking after their own wellbeing and prosperity (self-care and management) as social workers.
12. Translating government arrangements to standard individuals in straightforward language.
13. Supporting wellbeing experts in specialists' medical procedures.
14. Supporting children in schools, including concocting little gathering exercises that maintain a strategic distance from close contact and presentation to Covid-19.
15. Supporting children to get to food and other fundamental products and enterprises, particularly during school terminations.
16. Supporting more established individuals to get to food and other basic products and enterprises.
17. Helping children and families get to Covid-19 testing offices when proper.

In attempted any or these exercises, social workers must secure their own wellbeing and prosperity.

Security Is a Basic Need

In a period of emergency, it is enticing to forego fundamental needs. Nonetheless, recall that your physical wellbeing (just as psychological) is principal. Obtusely, you can't keep on serving customers if your wellbeing is undermined or even outcomes in your passing. Keeping this mentality may appear to be grim; in any case, it is vital.

You are not being unreasonable to expect that your security is organized. Similarly as with all self-care, this mentality isn't being selfish or amateurish. As a matter of fact, your self-

care/security impacts your capacity to give moral, skilled services. For example, in the event that you aren't secured, you're putting those with whom you have contact (your family, customers, partners, etc) in danger.

At this point, we have all heard the rules for "straightening the bend" to limit the danger of getting or potentially spreading the coronavirus. Keep a physical separation of at any rate six feet from others. Wash your hands for at any rate 20 seconds (you can sing a tune or discuss a mantra to time yourself) with cleanser and water, and do it frequently. Abstain from contacting your face with unwashed hands.

The most secure and suggested (now and again, required) game-plan is to remain at home aside from "basic" exercises. Many, if not most, "unimportant" work environments (for-benefit, non-benefit, and government), by state or neighborhood arrange or deliberately, have shut down physical areas for the wellbeing of the two representatives and clients/customers.

Social workers are offering basic types of assistance from home, utilizing telehealth and other innovation. For those in work environments, for example, human services, aggressive behavior at home, and youngster government assistance organizations, "fundamental" for the most part implies going into homes, just as clinical and different settings. We are hearing disturbing reports of deficiencies of individual defensive gear (PPE), putting human services workers - including social workers - in danger.

We have profound regard and thankfulness for all you are doing. Your wellbeing is imperative to us. You are significant.

Rights and Responsibilities

In circumstances such as these, a feeling of weakness can be overpowering. Self-care, basically, is reclaiming your capacity. Know your rights and resources. Know your association's obligation regarding hazard the

board. Know your capacity/duty regarding your own self-care.

An emergency tosses a framework into disequilibrium. The association has a moral and down to earth duty regarding hazard the board and putting forth all attempts to relieve chance. In this emergency, the association might be enticed to forego that essential duty. In the short and long haul, the association must be considered responsible for that obligation. For the time being, to limit impending danger. Furthermore, in the long haul, to forestall ill-disposed results - e.g., claims.

Eventually, dear associate, every one of us holds duty/capacity to influence and backer for our own prosperity/security. If it's not too much trouble guard against the false notions that spin out of control in the midst of emergencies, for example, mindless obedience. Advance basic reasoning. For example, a portion of the normal conventions that require physical closeness to customers and associates might be inventively and adjusted to guarantee physical distancing. Consider your job fundamentally; guard against "need complex." Use your capacity to settle on choices to ensure your own prosperity and backer for yourself as well as other people.

CONCLUSION

The job of social workers in public crises is disregarded in social work preparing and training. This in any case, and as represented in this tractate, social workers have a huge task to carry out in reacting to COVID-19 as it requests basic mindfulness from them. As a public and worldwide philanthropic emergency, COVID-19 presents difficulties as well as noteworthy open doors for social workers to leave a permanent engraving on COVID-19 victims and survivors.

It is essential to join social workers at all degrees of medicinal services reaction. Social workers are expected to explore the strange region of a worldwide pandemic and help with individual and network encounters of sorrow, tension, injury, and disarray. Social workers are additionally expected to more readily

comprehend where frameworks are separating, what network resources are opening up in a quickly evolving condition, and how strategies can be changed or altered to improve public wellbeing and security. In addition, social workers will be essential during the recuperation procedure when the quick danger of COVID-19 has passed. Not exclusively can social workers help as people attempt to modify social associations and adjust to life after the flare-up, however they can likewise bolster political and human services frameworks would be wise to plan for future public wellbeing emergencies by guaranteeing that individuals approach fundamental needs, for example, pay, food, lodging, and medicinal services.

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